



RISING STARS
ACADEMY

LUNCH Menu APRIL 2024

Monday	Tuesday	Wednesday	Thursday	Friday
1 Chef Salad Roll	2 Corn Dog Tater Tots Salad	3 Mini Quesadilla Salad Salsa	4 Unstuffed Cabbage Mashed Potatoes	5 NO SCHOOL Staff Reports: Prof Dev
8 Fish Sticks Mac & Cheese Salad	9 Pizza Broccoli Pears	10 Pasta w/Meat Sauce Green Beans	11 Mini Quesadilla Salad Salsa	12 Bag Lunch: Sandwich Goldfish Fruit Vegetable
15 Chicken Tenders Tater Tots Corn	16 Meatloaf Mashed Potatoes Carrots & Peas	17 Mac & Cheese Salad	18 Chicken Alfredo Peas	19 Bag Lunch: Sandwich Goldfish Fruit Vegetable
22 Unstuffed Cabbage Mashed Potatoes	23 Chicken Sandwich Tater Tots Corn	24 Meatball Sub Salad Fruit	25 Corn Dog Tater Tots Beans	26 Bag Lunch: Sandwich Goldfish Fruit Vegetable
29 Chef Salad Roll	30 Broccoli Cheese Casserole w/Turkey & Ham Salad			
Salad Dressings: Low-cal Ranch Low-cal Italian				
Salad includes: 1 cup Greens and ½ cup Tomatoes				
Daily Fresh Fruit: Apples, Bananas, Grapes, Oranges, Peaches, Pears				
Milk Options: 1% White, Fat Free Chocolate, Soy				