



RISING STARS
ACADEMY

LUNCH Menu MARCH 2024

Monday	Tuesday	Wednesday	Thursday	Friday
				FIELD DAY Bag Lunch: Turkey Sandwich Goldfish Fruit
4 Calzone Marinara Sauce Salad	5 Chicken Pot Pie Peaches	6 Bean Burrito Refried Beans Salad	7 Chicken Tenders Tater Tots Green Beans	8 Bag Lunch: Turkey Sandwich Goldfish Fruit
11 Corn Dog Casserole	12 Eggroll in a Bowl	13 Nachos Refried Beans	14 Pasta w/Meat Sauce Salad	15 Bag Lunch: Turkey Sandwich Goldfish Fruit
18 Chef's Salad	19 Corn Dog Tater Tots Corn	20 Pizza Salad	21 Meatloaf Mashed Potatoes Peas	22 FIELD DAY Bag Lunch: Turkey Sandwich Goldfish Fruit
25 SPRING BREAK	26 SPRING BREAK	27 SPRING BREAK	28 SPRING BREAK	29 SPRING BREAK
Salad Dressings: Low-cal Ranch Low-cal Italian Salad includes: 1 cup Greens and ½ cup Tomatoes Daily Fresh Fruit: Apples, Bananas, Grapes, Oranges, Peaches, Pears Milk Options: 1% White, Fat Free Chocolate, Soy				